

Ο καφές που θα απολαύσουν και οι επόμενες γενεές...



Καφές με ξεχωριστό άρωμα, γεύση
και σταθερή, εκλεκτή ποιότητα

Ένας καφές κι ένα βιβλίο,
κάνουν όμορφο τον βίο...



Η ποιότητα που ξεχωρίζει



Θα τον βρείτε στα **coles** **BI-LO** **'The Fresh Food People'** **'The Fresh Food People'** και στα καλά καταστήματα τροφίμων.



Newsletter

Ahepa in Victoria

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Volume 2 Issue 1

Re-Start of the Newsletter.

The first Newsletter was published in December 1995 and was presented in this format for Ahepa in Victoria.

The intention is to produce it on a Monthly basis for mailing to all Ahepans in Victoria through the Chapter Secretary.

We are resurrecting this Newsletter as it is an excellent way of communicating to members all the functions planned for the forthcoming months, events of interest to Ahepans, clarification of the Constitution, Regulations and Ritual.

We would like also to receive articles for publishing from members. ■

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Grand President message.

First of all I am pleased to see this Newsletter resurrected by Bro. Theo Sapountzis. It is an excellent way of communicating ideas and information to our members.

As this is my last term as Grand President, I would like to thank all my officers and members of the Grand Lodge for their support they have given me in the last two years.

A special thanks goes to Bro. Zafiri Vachlas for his untiring work effort as Grand Secretary. I would also wish to thank my wife Sis. Ourania for her support and work she has done. I must also thank the work of the Grand Lodge Sub-Committees and the Chairperson of each for their effort.

I take this opportunity to wish all Brothers and Sisters the best of the coming festive season and a Happy, healthy and prosperous New year.

My best regards to all.

Bro. Chris Taifernopoulos
Grand President of Victoria

*So many people fail to realise
that "them" is really "us".*
P.K. SHAW

Moments from the 51st National Convention in Hobart

Most delegates and friends arrived in Hobart on Saturday the 8th October.

There was a get together function organised for Saturday night at the Greek community centre. This gave many a chance to meet up with old friends and to meet new members of Ahepa. The following day there was a church service in the morning and the official opening of the convention was at 12.00 noon. Our official guests were the Governor of Tasmania, representative of the Premier of Tasmania, the Lord Mayor of Hobart and the Greek Consul. The official opening was done by the Governor of Tasmania. We also had visitors from the USA. Bro Peter Kotzambasis President of Ahepa International USA and his wife Lois who is also a sister. We were also honoured by Sister Mary Filou Grand President of Daughters of Penelope USA. Daughters had their first meeting in the afternoon.

Monday and Tuesday were convention business and on the Tuesday the New Supreme Lodge was elected. The new Supreme President is Bro. Anthony Georgiadis of NSW and the Vice Supreme President is Sis. Tasia Manos of Victoria.

The other member from Victoria elected to the Supreme Lodge is Bro. Peter Patisteas.

On Wednesday a bus trip was organised to Port Arthur. We had a tour guide of the facilities and a boat trip to dead man's island.

What a fascinating place with a rich history of the early convicts and settlers.

Thursday was convention business and the Daughters had their second meeting in the afternoon. The Brothers had a free afternoon unless they were in one of the Sub-Committees.

The evening of Thursday was the installation of the new Supreme President and members of the Supreme Lodge. This was followed by dinner and some Greek dancing. On the Friday morning there was continuation of Convention Business with the conclusion of the convention at lunch time. The afternoon was free for most members and this was followed by a night at the Greek Taverna.

Most delegates left on the Saturday to return to their homes. A small group of 36 took an extended extra tour of Northern and Central Tasmania. The bus left Saturday morning and the first stop was the historic town of Ross. The next stop was the Launceston Casino followed by travel to Devonport and the overnight

Supreme Lodge members in Victoria:

| | |
|--------------------------|---------------------|
| Sis. Tasia Manos PGP | Tel: (03) 9527 9053 |
| Bro. Peter Patisteas PGP | Tel: (03) 9510 7042 |

Past Supreme Lodge Presidents in Victoria:

| | |
|--------------------------|---------------------|
| Bro. Zafiris Vachlas PSP | Tel: (03) 9889 6270 |
| Bro. Steve Manos PSP | Tel: (03) 9527 9053 |

Grand Lodge of Victoria Fourth Tuesday of the Month 7.30pm

| | | |
|------------------------------|---------------------------|---------------------|
| Grand President: | Bro. Chris Taifernopoulos | Tel: (03) 9802 8546 |
| Grand Vice President: | Bro. Peter Yiannoudes | Tel: (03) 9528 4889 |
| Grand Secretary: | Bro. Zafiris Vachlas PSP | Tel: (03) 9889 6270 |
| Grand Ass. Secretary: | Sis. Nike Pavlou | Tel: (03) 9596 7760 |
| Grand Treasurer: | Bro. Elias Rentzis | Tel: (03) 9336 2813 |

Athenian Chapter No. 2 Second Wednesday of the Month 7.30pm

| | | |
|------------------------------|--------------------------|---------------------|
| President: | Bro. Ray Jones | Tel: (03) 9893 0463 |
| Vice President Elect: | Bro. Con Foufoulas | Tel: (03) 9859 3921 |
| Secretary: | Bro. Andrew Lappos | |
| Ass. Secretary: | Bro. Zafiris Vachlas PSP | Tel: (03) 9889 6270 |
| Treasurer: | Bro. Solon Andreou | Tel: (03) 9852 1863 |

Aristotelis Chapter No. 9 First Wednesday of the Month 7.30pm

| | | |
|------------------------|------------------------------|---------------------|
| President: | Bro. Apostolos Triantafillou | Tel: (03) 9480 1460 |
| Vice President: | Bro. Con Panos | Tel: (03) 9370 1532 |
| Secretary: | Bro. Stan Athanaleas | Tel: (03) 5941 4096 |
| Treasurer: | Bro. John Poulis | Tel: (03) 9515 4338 |

Poseidon Chapter No. 19 Second Monday of the Month 7.30pm

| | | |
|--------------------------|---------------------------|---------------------|
| President: | Bro. George Kypreos | Tel: (03) 9803 7648 |
| Vice President: | Bro. Paul Dimitriou | Tel: (03) 9803 5743 |
| Secretary: | Bro. Terry Komis | Tel: (03) 9614 0433 |
| Acting Treasurer: | Bro. Chris Taifernopoulos | Tel: (03) 9802 8546 |

Athena Chapter No. 2 Third Wednesday of the Month 7.30pm

| | | |
|------------------------|-------------------------|---------------------|
| President: | Sis. Sia Andrews | Tel: (03) 9551 0506 |
| Vice President: | Sis. Despina Sapountzis | Tel: (03) 9874 6300 |
| Secretary: | Sis. Marie Comino | Tel: (03) 9515 3511 |
| Treasurer: | Sis. Kiki Papas | Tel: (03) 9840 6264 |

Nafsika Chapter No. 13 First Tuesday of the Month 7.30pm

| | | |
|------------------------|-----------------------------|---------------------|
| President: | Sis. Polly Nitsos | Tel: (03) 9891 6468 |
| Vice President: | Sis. Eugene Koutras | Tel: (03) 9384 0121 |
| Secretary: | Sis. Voula Rentzis | Tel: (03) 9336 2813 |
| Treasurer: | Sis. Ourania Taifernopoulos | Tel: (03) 9802 8546 |

PSP = Past Supreme President
PGP = Past Grand President, PP = Past President

The New elected State Lodge of Victoria for 2006

| | | |
|--------------------------------|-----------------------------|---------------------|
| State President: | Bro. Peter Yiannoudes | Tel: (03) 9528 4889 |
| State Vice President: | Bro. John Skitzis | Tel: (03) 9807 5537 |
| State Secretary: | Bro. Theodore Sapountzis | Tel: (03) 9874 6300 |
| State Ass. Secretary: | Sis. Ourania Taifernopoulos | Tel: (03) 9802 8546 |
| State Treasurer: | Bro. Elias Rentzis | Tel: (03) 9336 2813 |
| Warden: | Bro. Spyros Korosidis | Tel: (03) 9497 1710 |
| Director of Ceremonies: | Bro. Vasilis Mylonas | Tel: (03) 9370 6792 |
| Prayer Reader: | Sis. Olga Black | Tel: (03) 9592 3379 |
| Inside Sentinel: | Bro. Vasilis Koutras | Tel: (03) 9384 0121 |
| Outside Sentinel: | Bro. Peter Patisteas | Tel: (03) 9510 7042 |
| Board of Governors: | | |
| | Bro. Chris Taifernopoulos | Tel: (03) 9802 8546 |
| | Bro. Con Panos | Tel: (03) 9370 1532 |
| | Bro. Themis Borobokas | Tel: (03) 9534 5552 |
| | Sis. Georgia Simon | Tel: (03) 9859 1659 |
| | Sis. Sophia Borobokas | Tel: (03) 9534 5552 |

A meeting consists of a group of people who have little to say - until after the meeting. P.K. SHAW

GRAND LODGE COMBINED COMMITTEES CHAIRPERSON

| COMMITTEE | CHAIRPERSON | TELEPHONE |
|--|-----------------------------|----------------|
| Educational & Cultural | Sis. Sandra Mission PP | (03) 9890 7689 |
| Property Management Ahepa House | Bro. Nick Nimorakiotakis PP | (03) 9596 3952 |
| Public Relations | Bro. Spyros Korosidis PP | (03) 9497 1710 |
| Members Well Being | Sis. Bessy Mougos PP | (03) 9850 3424 |
| Charities & Social | Sis. Sophia Borobokas PP | (03) 9534 5552 |
| Ahepa Website | Sis. Sandra Mission PP | (03) 9890 7689 |

stay at Ulverston. The next morning the bus travelled to Wynyard, Penguin, the Tulip farm, and Lactos Cheese factory in Burney. From there, the bus travelled to Sterling the town of murals. If you have not been, you should make an effort when you next travel to Tasmania. We were then taken to the Cradle mountain Chalet where we stayed overnight. The next day we were taken to Cradle mountain to see the historic Waldheim's Hut and this was followed by a trip to see the Dove mountain lake. From here we traveled back to Hobart with a few stops on the way. Half the members on the bus were taken to the airport, the other half spent one more night in Hobart before departing the next morning for home.

Decisions taken which will effect the order.

The most important are:

1. The change of name of the Supreme Lodge to National Lodge and Grand Lodge to State Lodge.
2. The introduction of office progression at the State Lodge.
Progression will now be as follows:
 - a. Vice President to President
 - b. Warden to Vice President
 - c. Director of Ceremonies to Warden
 - d. Director of Ceremonies is elected.

You know you are Greek if...

- * you are an adult and are forced to be with your family at 12 midnight on new years eve
- * your mother or father still feels the need to tell you, "katse kala" in public
- * at every point in your life you were not talking to at least one family member
- * you must name your children after your in-laws
- * you have at least 5 Maria's and 9 Dimitri's in your family as a result of the above
- * you have ever heard the phrase, "Sto leo yia to kalo sou"
- * someone in your family owns any type of restaurant
- * your entire house is a needlepoint warehouse

'Any man smart enough to understand women is also smart enough to keep quiet about it.' W.G.P.

STRUCTURE OF AHEPA

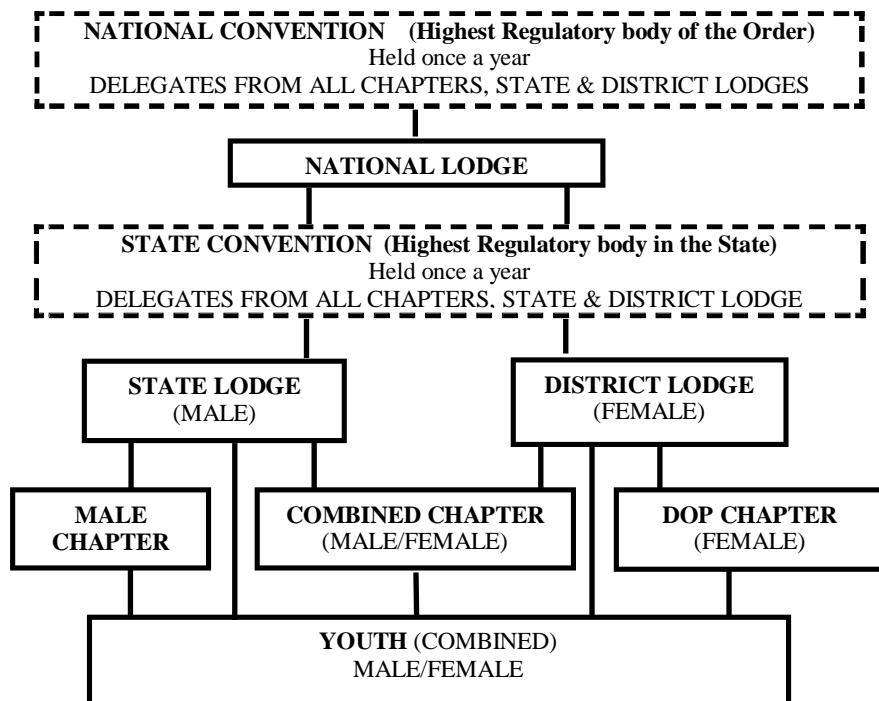


Figure 1.

This article is a reprint from the Second Newsletter which was produced by me in 1996. Since that article, the name of National and State was changed back to Supreme and Grand. At the 51st National Convention held in Hobart 2005 the name was changed back to National and State.

The original article reads as follows:

AHEPA's NEW organisation setup as a result of the decision made at the 41st National Convention held in Melbourne.

It is very flexible and it caters for all States of Australia, New Zealand and chapters in Greece

Figure 1 is designed to cater for States that have a large number of Chapters in a City ie Sydney and Melbourne.

Also to address the country towns (ie Geelong) where there are not enough members to make a separate Male and Female Chapters, hence a combined Chapter can be created.

In this structure, the State will have a State Lodge and a District Lodge.

(continued on page 5)



COMING EVENTS

SUNDAY 30th OCTOBER 2005

The Combined Social & National Convention Committee

PRE-MELBOURNE CUP LUNCHEON

HATS & TIES PARADE

\$25.00 All inclusive

At AHEPA HOUSE
time: 12.30 pm

SUNDAY 27th NOVEMBER 2005

STATE LODGE INSTALLATION

Time: 2.30 pm

"MARWALL CENTRE"

Marwal Avenue
North Balwyn 3104

Melway Ref: Map 46 B 3

Dress : Formal (Black Tie)

SUNDAY 6th NOVEMBER 2005

Chapter Aristotelis No. 9

Is Organising a BBQ at
Bro C. & Sis K. Panos
Holiday Home

Cnr Browns Rd & Francis St, Rye
(Mel. 168 B 9)

Bookings:

Bro. Con Panos 0414 872 972
Bro. Spiro 0407 320 689

SUNDAY 4th DECEMBER 2005

Children's Christmas Party

Forms are now available

Time and Venue to be advised.

Bookings:

Sis. S. Borobokas 9534 5552

SUNDAY 13th NOVEMBER 2005

Chapter Nafsika No. 13

Is Organising a BBQ at
Bro T. & Sis P. Nitsos Home

9 Gilford Road, Doncaster
12.30 pm
(Mel. 47 E 1)

Bookings:

Sis. Polly Nitsos 9891 6468
Sis. Voula Rentzis 9336 2813

For all coming State Lodge and Chapter Events, or Special meetings, Please inform the Booking Officer:

Sis. Georgia Simon 9859 1659

How is your history?

Do you know when the first Greeks arrived in Australia?

It is believed that the first Greeks to reach Australia were seven sailors who had been convicted of piracy by a British naval court and sentenced to transportation to Australia, where they arrived in August 1829. After they were pardoned, two of the sailors settled in Australia.

Which is the oldest Greek organisation in Australia?

The Greek Orthodox Community of Melbourne & Victoria (GOCMV) was established on 22nd August 1897 and is acknowledged as the oldest Greek organisation and one of the oldest ethnic community's in Australia.

In what year was the Greek Church Evangelismos built in Victoria St. East Melbourne?

It was completed in 1902 by the Greek Orthodox Community of Melbourne & Victoria

The first priest to serve the needs of the Greek Orthodox in Sydney and Melbourne was Archimandrite Dorotheos Bakaliarios around 1896.

He inspired the Greek people, celebrating the liturgy, marriages and baptisms. The first Greek Orthodox Church was opened in May 1898 at Surry Hills, New South Wales.

When was the first Greek weekly newspaper published in Melbourne?

In 1913.

In what year the Greeks in NSW introduce pots for trapping rock lobsters?

In 1890.

When did the AUSTRALIAN GREEK WELFARE SOCIETY begin?

The AGWS began on September 5, 1972, in the Cyprian Community with a group of volunteers.

Who was the first Greek-Australian filmmaker?

Film academics have cited Michael Karris as the first Greek-Australian filmmaker to produce a film on a Greek-Australian theme. That film, *A Face of Greekness* (1979)

Who were the Greek Cinema Kings?

Our own Ahepa brothers. The late Bro. Stathi Raftopoulos and Bro. Peter Yianoudis.



Editor's Note:

I did not know, but now I do!!

STRUCTURE OF AHEPA (continued)

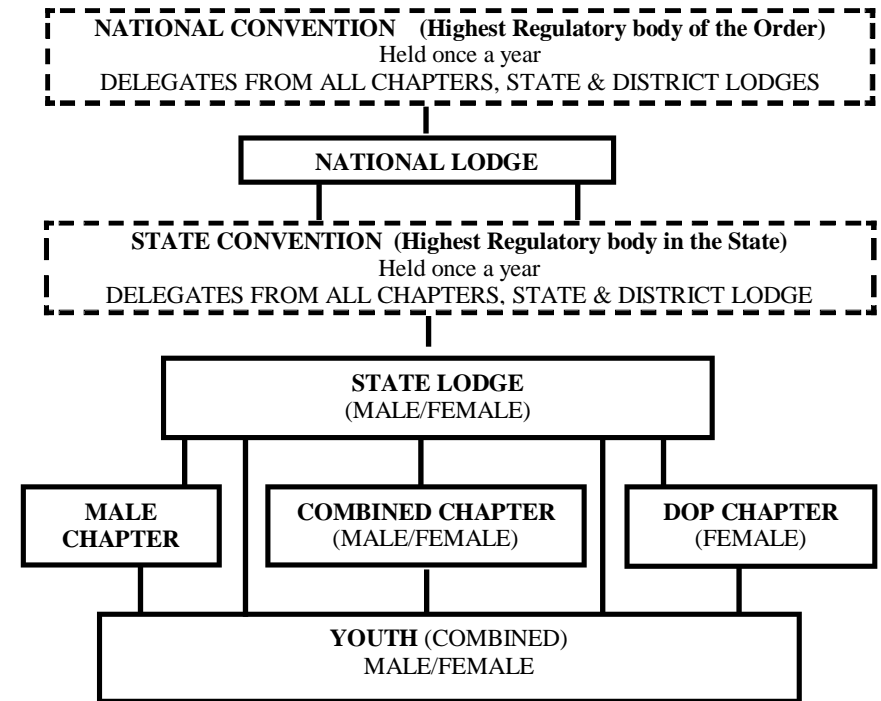


Figure 2.

Figure 2, will cater for States that have smaller number of Chapters and therefore do not require to have a separate STATE & DISTRICT Lodge.

A combined Chapter may be formed in one of the Country Towns. In this structure a combined State Lodge will satisfy.

Where the number of Chapters increase, this structure can eventually grow and become the same as in **Figure 1**.

Both structures allow for combined Youth Chapters to be formed.

At State Convention, all past Chapter Presidents (Male or Female) have equal rights.

At combined State Lodges, Sisters can be voted to any office, including State President.

At National Conventions, all past State Presidents (Male or Female) and past District Presidents are eligible to be voted to the National Lodge.

Penelope's Corner

'When women get together in numbers their strength compounds and is seen and felt by themselves and others.'
HAZEL HAWKE

The warm feeling of Friendship in Ahepa.

I was told on many occasions by Sis. Georgia Simon that an Ahepan should attend a National convention to feel the warmth of friendship and the anticipation of meeting up with new and old members. Well, I finally understood this in Hobart!! Being in the Order for thirty five years and only participating in Melbourne conventions I did not realize how true her words were!!

The first night whereby we met up with everyone was truly like a home coming for me, even though I have not been participating in our Order for several years, the friendship of many years gone by were there, and also the warmth of new friendships that I now have started.

I feel Ahepans have their hearts in the right place but sometimes our strong views may not suit everyone but a true Ahepan always has the warmth of friendship towards every sister and brother, outside the "Chamber of Meetings".

Our American visitors gave me a feeling that the spirit of what Ahepa stands for is very strong in their country. While speaking with them, they are so proud and passionate to be Ahepans and to have the Greek heritage behind them.

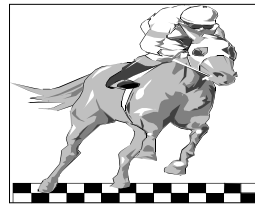
The only difference I found between them and us was that we in Australia keep speaking of quantity of numbers for members, where they spoke that it is not the quantity only but you must have a team with passion to achieve results.

Sis. Lois Kotzambasis told me that her chapter only has 24 sisters but very passionate to the cause of Ahepa.

I hope, what I saw and heard at the convention will keep me motivated.

Sis. Despina Sapountzis

Chapter Athena No. 2



The Pre-Melbourne Cup Function

We did not have as many members attend as we hoped but I can assure you we who attended had a ball.

The hats were a marvel and the ties were a sight for sore eyes!!

As usual the hospitality was excellent.

Editor's Note:

Please try and attend functions as our committees work very hard and need our support.

Penelope's Kitchen

Despina's Tzatziki

Ingredients:

- 1 kilo Nestle all Natural Yoghurt
- 2 large cloves garlic
- 1 Lebanese cucumber

Method:

Day before usage. Line a strainer with a clean tea towel, empty yoghurt in strainer, hang strainer over a bowl to collect juices, place in refrigerator for 2 hours. Meanwhile, wash cucumber and grate roughly on a plate, sprinkle some salt and mix.

Elevate plate so the cucumber can drain. When both yoghurt and cucumber are strained. Mix together yoghurt, cucumber and crushed garlic in a clean bowl, place in refrigerator until needed.

KALI OREXI !!



Egg & Avocado Pate

Ingredients:

- 1 avocado
- 4 hard boiled eggs
- 2 tablespoons lemon juice
- 2 tablespoons mayonnaise
- 1 crushed garlic clove
- Salt
- 2 drops tabasco
- 1 tablespoon chopped parsley

Method:

1. Blend all ingredients together.
2. Add to the mixture - 1 avocado, chopped, with lemon juice and whipped cream.
3. Cover and chill

Editor's Note:

The 'Egg & Avocado Pate' recipe was from "The Greek Cook Book" which was produced by the Daughters of Penelope Chapter Elya No. 7, ACT, in 1988. We will bring you more recipes from this book in future editions of the 'Newsletter'.